

# BEANTOWN JUMPERS

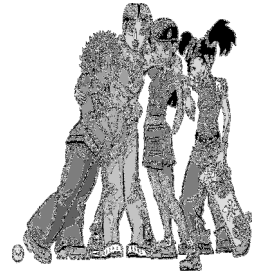
[www.beantownjumpers.com](http://www.beantownjumpers.com)

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## Double Dutch at Quincy Catholic Academy



## Attention GIRLS & BOYS Grades 2-8



**Dates:** Fridays - Jan. 6, 13, 20, 27, Feb 3, 17

**Time:** Tournament Team 2:30 to 5 p.m. - Fee \$75

**Time:** Beginner Team 2:30 to 4 p.m. - Fee \$50

**Place:** Quincy Catholic Academy Gymnasium

### *Program will include:*

\*Basic Skills of Double Dutch \*Stretching & Conditioning

**(Wear Good Sneakers for Jumping and Bring a Water Bottle and a Healthy Snack)**

Patti Travers is the Quincy Catholic Academy Physical Education teacher and founder of the Beantown Jumpers, a competitive Double Dutch Team. She will lead the students in drills and teach various performance techniques with assistance from members of the Beantown Jumpers team.

The curriculum also focuses on making healthy choices for your body and mind.

Students Name \_\_\_\_\_ School/Grade \_\_\_\_\_

Address \_\_\_\_\_ Home Phone \_\_\_\_\_

Parent's Name & Emergency Phone # (during program time) \_\_\_\_\_

Email address \_\_\_\_\_

Parents-Are you able to assist during the program? YES \_\_\_\_\_ NO \_\_\_\_\_

Parent or Guardian must sign the following:

The applicant is in good health and able to participate in vigorous physical activity. Program staff has my permission to provide emergency medical care in the event my child is injured or ill. I also release the Director and staff from any liability due to injury or loss of property. Medical documentation citing any limitations must accompany this application.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Print Name : \_\_\_\_\_

Make Checks Payable to: Beantown Jumpers

\* Payment Due at Registration \*